



MIAC Announces Fall 2008 Academic All-Conference

January 29, 2009

St. Paul, Minn. — The Minnesota Intercollegiate Athletic Conference (MIAC) announced its Fall 2008 Academic All-Conference honorees today. The MIAC recognized a record 304 student-athletes who represented the conference's thirteen institutions. Student-athletes must be a sophomore, junior, or senior with a minimum cumulative GPA of 3.5 on a 4.0 scale to qualify for MIAC Academic All-Conference recognition. Athletically, student-athletes in football, soccer, and volleyball must compete in 50% of their team's varsity regular season contests. Golfers must be a member of their competing team at the conference championship and cross country runners must finish in the top 50 at the conference championship or be in the top seven of their team at the MIAC Championships.

MIAC Fall 2008 Academic All-Conference

Men's Cross Country (20)

Augsburg - Jason Chrudimsky (So., Antigo, Wis.)
Augsburg - Brent Haglund (Jr., Fridley, Minn.)
Bethel - Carl Gladitsch (Sr., Bloomer, Wis.)
Carleton - Thomas Brenner (Sr., Plymouth, Minn.)
Carleton - Christopher Marshall (Jr., Plymouth, Minn.)
Concordia - Nelson Godbolt (So., Whitehall, Mont.)
Concordia - Tom Sederquist (So., Moorhead, Minn.)
Gustavus - John Leaf (Sr., Center City, Minn.)
Hamline - Ian Bauer (Jr., Roseville, Minn.)
Hamline - Ian Campbell (So., Blooming Prairie, Minn.)
Hamline - Brandon Gleason (Sr., Mantorville, Minn.)
Hamline - Kevin Groh (Sr., Austin, Minn.)
Macalester - Jon Bassen (So., Shorewood, Wis.)
Macalester - Avery Bowron (Jr., Olympia, Wash.)
Macalester - Wade Ekstrom (Jr., La Crescent, Minn.)
Macalester - Martin Mudry (Sr., University Heights, Ohio)
Saint John's - Zach Hunter (Sr., Billings, Mont.)
Saint Mary's - John Vallez (Jr., Eagan, Minn.)
St. Olaf - Cullen O'Neill (Sr., Northfield, Minn.)
St. Thomas - Rorak Hooten (Sr., Sioux Falls, S.D.)

Women's Golf (16)

Augsburg - Johanna Frykmark (So., Stockholm, Sweden)
Augsburg - Stefani Zappa (So., Minneapolis, Minn.)
Carleton - Laura Knutson (So., Edina, Minn.)
Carleton - Katrina Wood (Sr., Duluth, Minn.)
Gustavus - Kimbra Kosak (Sr., Grand Rapids, Minn.)
Gustavus - Lauren Runsvold (Sr., Fargo, N.D.)
Gustavus - Katie Schenfeld (So., Indianola, Iowa)
Macalester - Ali Fuhrman (Jr., Boulder, Colo.)
Macalester - Meredith Wisniewski (Sr., Park Ridge, Ill.)
Saint Benedict - April Dammann (Jr., Glencoe, Minn.)
Saint Benedict - Ann Dressen (Sr., Alexandria, Minn.)
Saint Mary's - Brittney Nielsen (Jr., Apple Valley, Minn.)
Saint Mary's - Katelyn Rizzi (Jr., Austin, Minn.)
St. Olaf - Emily Segar (Sr., Iowa City, Iowa)
St. Olaf - Elizabeth Zahn (Jr., Minnetonka Beach, Minn.)
St. Olaf - Alyssa Zuehl (Sr., Litchfield, Minn.)

Women's Cross Country (30)

Augsburg - Tori Bahr (Sr., Brainerd, Minn.)
Augsburg - Sadie Dietrich (Jr., Luverne, Minn.)
Augsburg - Jennifer Lovering (So., Bemidji, Minn.)
Bethel - Heather Jelen (Jr., Sioux Falls, S.D.)
Bethel - Kristin Mork (So., Cambridge, Minn.)
Bethel - Alex Potter (So., Windom, Minn.)
Carleton - Karen Campbell (Sr., Rochester, N.Y.)
Carleton - Lindsey Nietmann (Sr., Kirkland, Wash.)
Concordia - Brittney Christianson (Sr., Glenburn, N.D.)
Concordia - Rachel Pederson (So., Plymouth, Minn.)
Gustavus - Brooke Beskau (So., Hastings, Minn.)
Hamline - Sara Burns (Sr., LeSuer, Minn.)
Hamline - Katie Drinane (Sr., Roseville, Minn.)
Hamline - Freya Fitzer (Sr., North Oaks, Minn.)
Hamline - Jessica Kociscak (So., Ramsey, Minn.)
Macalester - Erin Lowrey (Jr., Whitefish Bay, Wis.)
Macalester - Adalaide Pagano (Sr., Niskayuna, N.Y.)
Macalester - Piera von Glahn (Jr., San Rafael, Calif.)
Saint Benedict - Katy Torchia (So., Rochester, Minn.)
St. Catherine - Kristie Bronson (Sr., Princeton, Minn.)
St. Catherine - Marci Burg (Jr., Hokah, Minn.)
St. Catherine - Susan Hallquist (Sr., Coon Rapids, Minn.)
St. Catherine - Amanda Marship (Jr., Cottage Grove, Minn.)
St. Catherine - Greta Sieve (Jr., New Ulm, Minn.)
St. Olaf - Nell Adams (Jr., Duluth, Minn.)
St. Olaf - Jennifer Carlson (Sr., Edina, Minn.)
St. Olaf - Michaela McLaughlin (Jr., Rosemount, Minn.)
St. Olaf - Abigail Smith (Jr., Belle Plaine, Minn.)
St. Thomas - Raynee DeGrio (So., Grand Rapids, Minn.)
St. Thomas - Katie Theisen (Sr., Elko, Minn.)

Men's Golf (7)

Augsburg - Joel Kociemba (So., Andover, Minn.)
Gustavus - Derek Hilding (Jr., Spicer, Minn.)
Gustavus - AJ Olson (Jr., White Bear Lake, Minn.)
Macalester - Daniel Kerwin (Jr., Colorado Springs, Colo.)
Macalester - Ben Langworthy (So., Tucson, Ariz.)
Saint John's - Joe Daly (Sr., Owatonna, Minn.)
St. Olaf - Chris Conklin (So., Eden Prairie, Minn.)

MIAC Fall 2008 Academic All-Conference

Football (70)

Augsburg - Jordan Berg (Sr., Gaylord, Minn.)
Augsburg - Andrew Bergeson (Jr., Red Wing, Minn.)
Augsburg - Jack Christopherson (So., Maple Grove, Minn.)
Augsburg - Adam Ebert (Sr., Shoreview, Minn.)
Augsburg - Adam Mead (So., St. Francis, Minn.)
Augsburg - Andy Roff (Jr., Plymouth, Minn.)
Augsburg - Brandon Rudenick (Sr., Nicollet, Minn.)
Bethel - Erik Anderson (So., Arden Hills, Minn.)
Bethel - David Benjamin (Jr., Roseville, Minn.)
Bethel - Aaron Bernstetter (Sr., Holdingford, Minn.)
Bethel - Andrew Carmichael (Sr., Belvidere, Ill.)
Bethel - Keith Doten (Jr., Maple Plain, Minn.)
Bethel - Mike Ervin (Sr., Bloomington, Minn.)
Bethel - Kurt Erickson (Jr., Fairmont, Minn.)
Bethel - Joey Hofmeyer (Jr., Hospers, Iowa)
Bethel - Alex King, Senior, Wayzata, Minn.)
Bethel - Trent Pearson (So., Shakopee, Minn.)
Bethel - Luke Sullivan (Jr., Waconia, Minn.)
Bethel - Nathan Voronyak (Sr., Orono, Minn.)
Carleton - Philip Blue (Jr., Northbrook, Ill.)
Carleton - Nicholas Cesarek (Sr., Eagan, Minn.)
Carleton - John E. Hanks (Sr., LeRoy, Minn.)
Concordia – Nick Baumann (So., Mahtomedi, Minn.)
Concordia – Nick Birchem (Sr., Lisbon, N.D.)
Concordia – Levi DeVries (Sr., Bejou, Minn.)
Concordia – Troy Henne (Jr., Moorhead, Minn.)
Concordia – Jed LaPlante (Jr., Fergus Falls, Minn.)
Concordia – Jesse Nelson (Sr., Chanhassen, Minn.)
Concordia – Levi Pole (Jr., Sioux Falls, S.D.)
Concordia – Paul Shol (Sr., Fergus Falls, Minn.)
Gustavus - Ted Aleckson (Sr., Weston, Wis.)
Gustavus - Jordan Becker (Jr., Easton, Minn.)
Gustavus - Mike Fabel (Sr., Cold Spring, Minn.)
Gustavus - Adam Lukes (Sr., Watertown, Minn.)
Gustavus - Blake Noennig (Jr., Norwood, Minn.)
Gustavus - Isaac Perry (Sr., Wabasha, Minn.)
Gustavus - TJ Ridley (Jr., Edina, Minn.)
Hamline - Justin Bain (So., Spring Valley, Minn.)
Hamline - Ben Chandler (So., Minneapolis, Minn.)
Hamline - Drew Jurney (Sr., Roswell, N.M.)
Hamline - James Leary (Sr., Inver Grove Heights, Minn.)
Saint John's - Eric Buss (Sr., Coon Rapids, Minn.)
Saint John's - Alex Coughlin (Sr., La Crosse, Wis.)
Saint John's - Ben Dimond (Jr., Excelsior, Minn.)
Saint John's - Ethan Eid (Jr., Arden Hills, Minn.)
Saint John's - Jeff Gilbertson (So., Wabasha, Minn.)
Saint John's - Dominic Haik (Jr., Minneapolis, Minn.)
Saint John's - Aaron Hildebrand (So., Plymouth, Minn.)
Saint John's - Erik Kottom (So., Eden Prairie, Minn.)
Saint John's - Drew Percival (Jr., Wayzata, Minn.)
Saint John's - Jeff Schnobrich (Sr., New Ulm, Minn.)
Saint John's - Jimmy Sharpe (Jr., Plymouth, Minn.)
Saint John's - Greg Sowden (Jr., Brooklyn Park, Minn.)
Saint John's - Bryan Virnig (So., Pierz, Minn.)
St. Olaf - Jason Anderson (Sr., Grants Pass, Ore.)
St. Olaf - Andrew Penz (So., Rochester, Minn.)
St. Thomas - Nick Bussa (So., Duluth, Minn.)

Football (continued)

St. Thomas - Matt Briol (So., Stillwater, Minn.)
St. Thomas - Matt Evans (So., Albany, Minn.)
St. Thomas - Jeffrey Hilliard (Jr., Woodbury, Minn.)
St. Thomas - Tom Knowles (Sr., Hermantown, Minn.)
St. Thomas - Kris Kopp (Jr., Woodbury, Minn.)
St. Thomas - Paul Lyons (Sr., Grayslake, Ill.)
St. Thomas - Sam Moen (Jr., Mahtomedi, Minn.)
St. Thomas - Ross Petterson (Jr., Maple Grove, Minn.)
St. Thomas - David Sauer (Sr., Cold Spring, Minn.)
St. Thomas - Joe Sunnarborg (Jr., Esko, Minn.)
St. Thomas - Eric Taylor (Jr., San Rafael, Calif.)
St. Thomas - Ben Wartman (So., Prior Lake, Minn.)

Volleyball (42)

Augsburg - Katie Christensen (So., North Mankato, Minn.)
Augsburg - Jessica Hilk (So., Waconia, Minn.)
Augsburg - Amanda Rueb (Sr., Plymouth, Minn.)
Augsburg - Dani Tanaka (Jr., Bloomington, Minn.)
Augsburg - Breann Woelfel (Jr., Annandale, Minn.)
Bethel - Annika Avery (So., Excelsior, Minn.)
Bethel - Betsy Naatjes (So., Sioux Falls, S.D.)
Bethel - Kelly Otto (Jr., Plymouth, Minn.)
Bethel - Hannah Parks (So., Plymouth, Minn.)
Bethel - Bethany Shearer (Jr., Prior Lake, Minn.)
Bethel - Jennifer Stoa (Sr., Brooklyn Park, Minn.)
Carleton - Laura Barsness (Jr., Prior Lake, Minn.)
Carleton - Elizabeth Jarrett (So., Mounds View, Minn.)
Carleton - Madelyn Lenhard (So., Eden Prairie, Minn.)
Carleton - Kelly Lovett (So., Portland, Ore.)
Carleton - Kyla Walter (So., Aspen, Colo.)
Concordia – Allie Burnside (So., Fargo, N.D.)
Concordia – Valerie Glynn (So., Fullerton, N.D.)
Concordia – Maggie Olson (Jr., Fargo, N.D.)
Gustavus – Bridget Burtzel (Sr., Cold Spring, Minn.)
Gustavus – Tara Kramer (Jr., Hayfield, Minn.)
Hamline - Emily Amici (Sr., Whitewater, Wis.)
Hamline - Amanda Booth (Sr., Champlin, Minn.)
Hamline - Aubrey Hendry (Jr., Isle, Minn.)
Saint Benedict - Beth Hanson (Jr., Faribault, Minn.)
Saint Benedict - Emma Jaynes (Jr., Hibbing, Minn.)
Saint Benedict - Andrea Millerbernd (Jr., Littlefork, Minn.)
St. Catherine - Maria Hoffman (Jr., Montgomery, Minn.)
St. Catherine - Erika Kriechbaum (Sr., Fairbault, Minn.)
St. Catherine - Nicole Neumann (So., Le Sueur, Minn.)
St. Catherine - Whitney Sparby (Sr., Red Wing, Minn.)
Saint Mary's - Jessica Larson (Jr., Pine Island, Minn.)
Saint Mary's - Lindsey Legatt (So., Sartell, Minn.)
Saint Mary's - Theresa Perrini (Sr., Fairway, Kan.)
Saint Mary's - Courtney Runge (Jr., Jamestown, N.D.)
St. Olaf - Paige Olson (Jr., Brainerd, Minn.)
St. Olaf - Janet Sully (Jr., New Brighton, Minn.)
St. Thomas - Kiley Crotty (Jr., Maplewood, Minn.)
St. Thomas - Krista Henshue (So., Madison, Wis.)
St. Thomas - Katie Kremer (Sr., Cold Spring, Minn.)
St. Thomas - Katie McCaffrey (Sr., Fort Collins, Colo.)
St. Thomas - Carlie Waibel (So., Baudette, Minn.)

MIAC Fall 2008 Academic All-Conference

Women's Soccer (73)

Augsburg - Felicia Faison (Sr., Minneapolis, Minn.)
Augsburg - Gaby Hamerlinck (So., St. Paul, Minn.)
Augsburg - Whitney Holman (Jr., New Hope, Minn.)
Augsburg - Lacey Hoover (So., Duluth, Minn.)
Augsburg - Becky Solheim (Jr., Waconia, Minn.)
Bethel - Sarah Crabtree (Sr., Fergus Falls, Minn.)
Bethel - Kelsey Dewey (So., Buffalo, N.Y.)
Bethel - Jami Johnson (So., Fergus Falls, Minn.)
Bethel - Kristin Kishaba (Sr., Eau Claire, Wis.)
Bethel - Krista Polding (So., Waconia, Minn.)
Bethel - Breanna Posey (Jr., Champlin, Minn.)
Bethel - Kelci Schedler (Jr., Fond du Lac, Wis.)
Bethel - Alicia Sedlock (So., Cambridge, Minn.)
Bethel - Charlie Sorenson (Sr., Park Ridge, Ill.)
Carleton - Nicky Bloom (Sr., Evanston, Ill.)
Carleton - Emma Dobbins (So., Portland, Ore.)
Carleton - Megan Milligan (So., Las Cruces, N.M.)
Carleton - Kaitlin Trenerry (So., Rochester, Minn.)
Carleton - Amelia Zutz (Jr., Middleton, Wis.)
Concordia - Maia Johnson (Sr., Northfield, Minn.)
Concordia - Samantha Johnson (So., Fargo, N.D.)
Concordia - Vanessa Kowalski (Marshfield, Wis.)
Concordia - Mikenna Maroney (Jr., Kalispell, Mont.)
Concordia - Kayte McGuire (Jr., Bozeman, Mont.)
Concordia - Brittany Mayer (So., Bismarck, N.D.)
Concordia - Ruth Ranum (Circle Pines, Minn.)
Concordia - Erika Swenson (So., Fargo, N.D.)
Gustavus - Callie Christensen (Sr., Bloomington, Minn.)
Gustavus - Chelsea Craven (Jr., St. Cloud, Minn.)
Gustavus - Alison Dittmer (Jr., Plymouth, Minn.)
Gustavus - Meghan Faricy (So., Rosemount, Minn.)
Gustavus - Rima Kharbush (So., Madison, Wis.)
Gustavus - Nicole Kwapick (So., White Bear Lake, Minn.)
Gustavus - Karen Maus (So., Rogers, Minn.)
Hamline - Kelly Kunowski (Jr., Milwaukee, Wis.)
Hamline - Kendra Watson (Sr., Sioux Falls, S.D.)
Macalester - Maddy Cochrane (Jr., Grand Marais, Minn.)
Macalester - Martha Coe (So., Grand Haven, Mich.)
Macalester - Jordan Eckstein (So., Northampton, Mass.)
Macalester - Grace Geiger (Jr., Seattle, Wash.)
Macalester - Liz Hormann (Sr., Salem, Ore.)
Macalester - Anne Kintop (Sr., Minneapolis, Minn.)
Macalester - Jenny Lee (Sr., Circle Pines, Minn.)
Macalester - Kelsey Speer (Jr., Madison, Wis.)
Saint Benedict - Maria Conroy (Sr., Monticello, Minn.)
Saint Benedict - Chelsi Larson (So., Minnesota City, Minn.)
Saint Benedict - Rachel Loftus (Sr., Savage, Minn.)
Saint Benedict - Jenny Murray (Sr., Rochester, Minn.)
Saint Benedict - Leah Schleppegrell (Sr., Hibbing, Minn.)
Saint Benedict - Sam Vanderlinde (Sr., Maple Plain, Minn.)
St. Catherine - Brittany Berntsen (Sr., Rosemount, Minn.)
St. Catherine - Madeleine Bickel (So., Wayzata, Minn.)
St. Catherine - Kayla Engel (So., Lakeville, Minn.)
St. Catherine - Kim Engel (So., Lakeville, Minn.)
St. Catherine - Kelsey Nistler (So., Champlin, Minn.)
St. Catherine - Gina Thorwick (Jr., Maplewood, Minn.)
St. Catherine - Rachel Toenjes (Jr., Shell Rock, Iowa)
Saint Mary's - Emily Berg (Sr., Owatonna, Minn.)
Saint Mary's - Bethany Kaufmann (Sr., Green Bay, Wis.)
Saint Mary's - Stephanie Marnocha (Jr., Appleton, Wis.)
Saint Mary's - Erin Morgan (So., Appleton, Wis.)

Women's Soccer (continued)

Saint Mary's - Melissa Paulson (Sr., Ham Lake, Minn.)
Saint Mary's - Amy Sibik (So., Onalaska, Wis.)
St. Olaf - Elizabeth Huggins (So., Eau Claire, Wis.)
St. Olaf - Christina Mills (Jr., White Bear Lake, Minn.)
St. Olaf - Rebecca Neuger (So., Northfield, Minn.)
St. Thomas - Kaitlin Denis (So., De Pere, Wis.)
St. Thomas - Hannah Gikling (So., St. Paul, Minn.)
St. Thomas - Betsy Hupp (Jr., Eden Prairie, Minn.)
St. Thomas - Abie Krause (Sr., Minneapolis, Minn.)
St. Thomas - Stephanie Paasch (Sr., Cottage Grove, Minn.)
St. Thomas - Erin Sprangers (Sr., Woodbury, Minn.)
St. Thomas - Alison True (Sr., Wauwatosa, Wis.)

Men's Soccer (46)

Augsburg - Alex Hildebrandt (Jr., St. Paul, Minn.)
Augsburg - David Long (Sr., Bloomington, Minn.)
Bethel - Christopher Dirks (So., Excelsior, Minn.)
Bethel - Eric Johnson (Jr., Bloomington, Minn.)
Bethel - Nick Kantor (Jr., Buffalo, Minn.)
Bethel - Brandon Peplinski (So., Maple Grove, Minn.)
Carleton - Brett Adelman (Jr., Westminster, Colo.)
Carleton - Samuel Birnbaum (Sr., Bernardsville, N.J.)
Carleton - Robert Carlton (Jr., Madison, Wis.)
Carleton - Lyndon DeSalvo (Jr., Boxford, Mass.)
Carleton - Ross Hamilton (Jr., Western Springs, Ill.)
Carleton - Joseph Lindner (Sr., Hanover Park, Ill.)
Carleton - Robert Phillips (Sr., Vadnais Height, Minn.)
Carleton - Peter Semmer (So., Del Mar, Calif.)
Concordia - Kyle Kazemi (So., Arvada, Colo.)
Concordia - Marco Riboli (So., Bergamo, Italy)
Concordia - Mads Schmidt (Sr., Rodding, Denmark)
Gustavus - Ben Eriksson (Sr., Madison, Wis.)
Gustavus - Ben Ikeda (So., Maple Grove, Minn.)
Hamline - Mike Buehler (Sr., Cumming, Iowa)
Hamline - Evan Falon (Jr., Minneapolis, Minn.)
Hamline - Dan Frush (Sr., Minneapolis, Minn.)
Macalester - David Hanold (Sr., Sharon, Mass.)
Macalester - Mark Mullaney (So., Plymouth, Minn.)
Macalester - Mike Samuelson (Sr., Bethesda, Md.)
Saint John's - Cameron Christensen (Sr., Bismarck, N.D.)
Saint John's - Jason Daly (Sr., Eden Prairie, Minn.)
Saint John's - Tom Hoffman (So., Mahtomedi, Minn.)
Saint John's - Luke Nelson (Jr., Caledonia, Minn.)
Saint John's - A.J. Sollom (So., Roberts, Wis.)
St. Olaf - Scott Crider (Jr., Downers Grove, Ill.)
St. Olaf - Ryan Doyle (Sr., Duluth, Minn.)
St. Olaf - Kevin Friede (Sr., Edina, Minn.)
St. Olaf - Logan Rathjen (So., Waupaca, Wis.)
St. Olaf - Jeff Stamp (So., Casper, Wyo.)
St. Olaf - Nathan Swenson (Jr., De Pere, Wis.)
St. Olaf - Erik van Mechelen (Jr., Houston, Texas)
St. Olaf - John Zietlow (So., Rochester, Minn.)
St. Olaf - Mark Zietlow (Sr., Rochester, Minn.)
St. Thomas - Elliot Amundson (So., Minneapolis, Minn.)
St. Thomas - Carlos Castelan (Jr., St. Paul, Minn.)
St. Thomas - Ben Dellaria (So., Stillwater, Minn.)
St. Thomas - Sean Kennedy (Jr., Portland, Ore.)
St. Thomas - Taylor Lynch (Sr., Cedar Rapids, Iowa)
St. Thomas - Mike Molitor (Sr., Lakeville, Minn.)
St. Thomas - Ryan Wright (Sr., Maple Grove, Minn.)